

...a3crg Circuit Time Trials 2020

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Circuit Races ~ Chichester PO18 0PX

Sunday 2nd August ~ 07:00hrs

@ The Iconic Goodwood Motor Racing Circuit ~ Course P917

Timekeeping Crew Trevor Beauchamp, Kathleen Collard-Berry, Graeme Stirzaker

Start Line Stewards: Gareth Peters, John Sadler, DCB

Motor Cycle Marshals: Paddy Brennan,

Signing-On & Reception: Sarah Matthews, Judy Sadler

Media Team Ross Mackley, Paul Carpenter

Bring Your Own Pins (If Needed)

Please do not ask the Timekeepers how many laps it is, it will prove you haven't read the instructions, therefore you may not be allowed to start for your own safety.

Procedure During the Event:

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing

Make sure you have read the event details & conditions Respect Covid-19 Conditions & Protocol, Read the Race Manual.

Do not walk across the airfield, it is an active aerodrome, rotor blades can make a mess of you.

Please use a rear light & a Hard Shell Helmet (Circuit conditions)

Look where you are going, keep your head up, as there aren't any white lines to glue your nose to

If caught, ease back; do not take pace on the wheel of the rider who caught you

If passing a rider please make sure the effort is enough to pass completely

Last Lap, Stay on the Left inside the Cones on the Finish Straight. Last week some riders didn't know where the finish was, we hope the new Braille signs arrive by Sunday

If you do not finish please let us know, do not wander off home in a sulk & please put your number in the bin provided, not at the gate outside the circuit.

At 9:00 the track is open for General cycling, you can ONLY pre-Register for this at:

<https://ticketing.goodwood.com/PagesPublic/ProductBrowse/ProductTravel.aspx?ProductSubType=GWCC>

There are no Results at the event or Prize Presentation, there will be a few small prizes that will be posted to you if you win a category, it's still a "Budget Busting Event".

Next ...a3crg Event At Goodwood: Tuesday 11th August

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require a you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that a WORKING REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

Course Description P917

After leaving the Pit Lane you are starting your **First Lap**, bear right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the finish straight, **first lap completed**. Next lap repeat. If you are doing 5 Laps, then the finish is in the coned area on the left at the end of your fifth lap. Juveniles do either three laps or four, however they will need less of an explanation. There are signs to show you where the finish is, so please observe. Do not wear mittens as these can hamper your lap counting skills. Full details of the course follow, **please read**.

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

Event 1: Juveniles 11yrs - 13yrs ~ 3 Laps

Event Record: Alexander Murphy 00:17:09

Num	Rider	Squadra/Team/Club	Cat	Start Time
37	Jack Morgan	Solent Pirates Youth Cycling Club	Juv -.11	07:18:30
38	Harry Newman	Chichester Westgate Triathlon Club	Juv -.11	07:19:00
39	Sam Genazzini	Solent Pirates Youth Cycling Club	Juv -.11	07:19:30
40	Charlie Pettifer	Poole Whs	Juv - 11	07:20:00
41	Ben Brindley	Solent Pirates Youth Cycling Club	Juv - 12	07:20:30
42	Lucas Lovell	Portsmouth North End CC	Juv -11	07:21:00
43	Alexander Murphy	Velo Club Venta	Juv -13	07:21:30

Event 2: Juveniles 14 yrs- 15yrs ~ 4 Laps

Event Record: Matthew Gilmour 00:21:24

Num	Rider	Squadra/Team/Club	Cat	Start Time
44	Grace Richardson	Portsmouth North End CC	F Juv - 14	07:22:00
45	Melissa Eve Cooper	Chapel Tri Junior Triathlon Club	F Juv - 14	07:22:30
46	Oliver Morgan	Solent Pirates Youth Cycling Club	Juv - 14	07:23:00
47	Oliver Pettifer	Poole Whs	Juv - 14	07:23:30
48	Lucas Houghton	Brighton Excelsior CC	Juv - 14	07:24:00
49	Billy Williams	Isle of Wight Triathlon Club	Juv - 15	07:24:30
50	Ryan Openshaw	Poole Whs	Juv - 15	07:25:00
51	Luke Goodwill	Preston Park Youth Cycling Club	Juv - 14	07:25:30
52	Matthew Gilmour	Velo Club Venta	Juv - 15	07:26:00

Event 3: Men's Middle Markers (no Faster than 00:23:00) or, No Previous M'Lud

Num	Rider	Squadra/Team/Club	Cat	Start Time
53	Ken Rayson	...a3crg	Vet	07:26:30
54	Ian Gay	Chichester Westgate Triathlon Club	Sen	07:27:00
55	Robert Jolliffe	New Forest CC	Vet	07:27:30
56	Jeremy Tucker	Fareham Wheelers CC	Vet	07:28:00
57	Clive Patterson-Lett	Worthing Excelsior CC	Vet	07:28:30
58	Peter Knipe	Fareham Wheelers CC	Vet	07:29:00
59	John Aldwinckle	Portsmouth Triathletes	Vet	07:29:30
60	Philip Allen	Velo Club Venta	Vet	07:30:00

61	Phil Mant	...a3crg	Sen	07:30:30
62	Mark Halliday	North Bucks RC	Vet	07:31:00
63	Andrew Gibson	Gravesend CC	Vet	07:31:30
64	Simon Craig-McFeely	...a3crg	Vet	07:32:00
65	Daniel Bye	Portsmouth Hill CC	Sen	07:32:30
66	Westley Knipe	Portsmouth Triathletes	Vet	07:33:00
67	David Gray	Axe Valley Pedallers	Vet	07:33:30
68	Jon Dudley	Sotonia CC	Vet	07:34:00
69	Adrian Haywood	Chichester Westgate Triathlon Club	Sen	07:34:30
70	Alex Davison	7Oaks Tri Club	Sen	07:35:00
71	Michael Page	Epsom CC	Sen	07:35:30
72	Martin Whitty	...a3crg	Vet	07:36:00
73	Robert Giles	PMR	Vet	07:36:30
74	Mike Anderson	Club Cycliste Moncontourais	Vet	07:37:00
75	Paul Ashley	Fareham Wheelers CC	Vet	07:37:30
76	Jonathan Lacey	Southdown Velo	Vet	07:38:00
77	Greg Paton-Kerr	Progressive Cycle Coaching.co.uk	Sen	07:38:30
78	Mike Boyce	...a3crg	Vet	07:39:00

Event 4: Women's Road Bikes (sans Aero Bars Pointy Hat & Disc Wheel) + Bling
Event Record: Marianne Holt 00:29:25

Num	Rider	Squadra/Team/Club	Cat	Start Time
79	Johanna Lovell	Portsmouth North End CC	Vet	07:39:30
80	Elise Sherwell	Look Mum No Hands!	Vet	07:40:00
81	Millie Williams	Isle of Wight Triathlon Club	Jun	07:40:30
82	Marianne Holt	Team Bottrill	Sen	07:41:00

Event 5: Men's Road Bikes (sans Aero Bars, Pointy Hat & Disc Wheel) + Bling
Event Record: Red Walters 00:24:29 (no pressure then)

Num	Rider	Squadra/Team/Club	Cat	Start Time
83	Nigel Powell	Velo Club St Raphael	Vet	07:41:30
84	Michael Banfield	DHC (Districts of Hamwic)	Vet	07:42:00
85	Chris Gambs	Portsmouth North End CC	Vet	07:42:30
86	Brian Molloy	Brighton Excelsior CC	Vet	07:43:00
87	Robert Tutt	Velo Club Venta	Vet	07:43:30
88	Darren Anderson	Spinners and Grinders Cycle Club	Vet	07:44:00
89	Mike Garner	...a3crg	Vet	07:44:30
90	Robert Gilmour	Hounslow & District Whs	Vet	07:45:00
91	Jim O'Leary	GS Avanti	Vet	07:45:30
92	Charles Salt	Islington Cycling Club	Vet	07:46:00
93	Duncan Cochrane	7Oaks Tri Club	Vet	07:46:30
94	Neil Crowther	Blazing Saddles	Vet	07:47:00
95	Siggi Martinsson	Cambridge CC	Vet	07:47:30
96	Ryan Symington	Poole Whs	Jun	07:48:00

97	Jonathan Vickers	Blazing Saddles	Jun	07:48:30
98	Mark Day	HuntBikeWheels.com	Sen	07:49:00
99	Liam Openshaw	Poole Whs	Jun	07:49:30
100	Max Doyle	...a3crg	Esp	07:50:00
101	Julian Lockwood	Primera-Teamjobs	Vet	07:50:30

Event 6: Women's *Stealth* TT Bikes
Event & Women's Course Record: Hayley Simmonds 00:25:44

Num	Rider	Squadra/Team/Club	Cat	Start Time
120	Rachel Nicholl	Horsham Amphibians Triathlon	Sen	08:00:00
121	Deborah Smith	Southdown Velo	Vet	08:00:30
122	Kym Harvey	Fareham Wheelers CC	Vet	08:01:00
123	Sonia Laurie	New Forest CC	Vet	08:01:30
124	Virginia McGee	...a3crg	Vet	08:02:00
125	Naomi Shinkins	Bournemouth Cycleworks - Vitec Fire	Sen	08:02:30
126	Madeline Grace Cooper	Chapel Tri Junior Triathlon Club	Jun	08:03:00
127	Kirsty McSeveney	...a3crg	Sen	08:03:30
128	Freya Richardson	Liv AWOL	Jun	08:04:00
129	Lucy Mitchell	...a3crg	Vet	08:04:30
130	Sally Turner	trainSharp	Vet	08:00:00

Event 7: Men's *Stealth* TT Bikes
Event, Junior & Course Record: Thomas Day 00:22:37

Num	Rider	Squadra/Team/Club	Cat	Start Time
102	Glenn Sievewright	Bognor Regis CC	Vet	07:51:00
103	Jerry Bromyard	...a3crg	Vet	07:51:30
104	Paul Carter	Portsmouth Triathletes	Vet	07:52:00
105	Darren Lyons	Velo Club Venta	Sen	07:52:30
106	Adam Gent	ProgressiveCycleCoaching.co.uk	Sen	07:53:00
107	Simon Lovelock	Team Skipper	Sen	07:53:30
108	Colin Mooney	Portsdown Hill CC	Vet	07:54:00
109	Jacek Rorbach	Westerley Cycling Club	Sen	07:54:30
110	Damon Payne	Royal Navy & Royal Marines CA	Vet	07:55:00
111	Grant Woodthorpe	Twickenham CC	Vet	07:55:30
112	Charlie Heffernan	HuntBikeWheels.com	Sen	07:56:00
113	Gary Chiverton	Bournemouth Jubilee Whs	Vet	07:56:30
114	Hugh Williams	Redbridge CC	Vet	07:57:00
115	George Creasey	Bournemouth Cycleworks - Vitec Fire	Esp	07:57:30
116	Robbie Southwell	TeamSpy	Sen	07:58:00
117	Tom Cox	Saint Piran	Vet	07:58:30
118	Thomas Goodyer	Portsmouth North End CC	Sen	07:59:00
119	Jason Curtis	Bicester Millennium CC	Vet	07:59:30
131	Gareth Williams	Twickenham CC	Vet	08:05:30
132	Paul Martin	TeamSpy	Vet	08:06:00

133	Marek Shafer	Brighton Mitre CC	Sen	08:06:30
134	Jacob Schnabel	Meudon Pedal Heaven Le Col RT	Jun	08:07:00
135	Joshua Lahiri	Portsmouth Hill CC	Sen	08:07:30
136	Mark Stafford	...a3crg	Vet	08:08:00
137	Paul Morris	Fareham Wheelers CC	Sen	08:08:30
138	Chris Lord	Brighton Excelsior CC	Vet	08:09:00
139	Ray Claridge	New Forest CC	Vet	08:09:30
140	James Fawcett	...a3crg	Vet	08:10:00
141	Martin Brown	7Oaks Tri Club	Vet	08:10:30
142	Samuel Wadsley	Primera-Teamjobs	Esp	08:11:00
143	James Fox	Velo Club Venta	Sen	08:11:30
144	Neil Mackley	...a3crg	Vet	08:12:00
145	Matt Linham	Portsmouth North End CC	Sen	08:12:30
146	James Rix	Team Bottrill	Vet	08:13:00
147	Ben Williams	GS Mossa	Sen	08:13:30
148	Tom Houghton	South Downs Bikes / Casco Pet	Vet	08:14:00
149	Aron Kelly	New Forest CC	Sen	08:14:30
150	Thomas Day	Zannata Galloo Team	Jun	08:15:00

COURSE DETAILS, CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**. Social distancing must be respected in the start area



The start is approximately halfway along the pit lane wall where you will do a standing start. When entering the track please check for other riders, you will then do five laps (less for Juniors) ignoring the chicane (This is a wall on the track, you must stay to the left of the wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Lavant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track.

At the end of your fifth lap (approx. 11.84m or 19km it's a good idea to have distance on your device) you will finish in the finish area, this is on the left-hand side of the track & you will have seen the green coned off area at the start & on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please do a cool down lap, riding tight to the left-hand side of the track. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Lavant Straight where you can make sure you do not affect any other riders.** At the chicane you must stay to the right of the wall & exit the track.

AT THE END OF THE RACE

As you exit the track through the gate there will be a Sign and a box to return your race number, **PLEASE. (signed out).**

DO NOT IN ANY CIRCUMSTANCES CROSS THE AIRFIELD.

Should you have a mechanical, you must walk back around the circuit as it is a working Airfield. There will be motorcycle marshals riding round if you need assistance.

ARRIVING AT GOODWOOD

Goodwood Circuit will not be open for riders until 06:45, please respect the early starters **and only arrive at a time that suits your sign on and warm up.** At the entrance you will be greeted by Goodwood staff who will ask for your name. There is no need to arrive at 06:15 & block the road, as we need to get the "helpers" in. Remember this is a private facility.

CAR PARKING

This week we are not allocating parking spaces. After progressing through the tunnel, you will turn left into the bayed car parking area. Please park up as quickly & tidily as directed. (Please note we are not expecting spectators unless travelling with a competitor).

SIGNING ON

Once parked, go to the reception area to collect your race number (signed in). There are two toilet blocks one at either end of the Car Park but changing is limited so you should arrive race ready. To speed up registration there will be two lines depending on your race numbers, odds numbers one side even on the other.

Turbo warm-ups are allowed as long as you can respect the current social distancing rules. There is no access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road please use the access tunnel to the right of the sign on area..

Spectators are requested to watch from the viewing area above the Pit lane (Not in the Pit Lane) & to respect Social Distancing at all times. Coffee, Tea & Cake can be Purchased from the "horsebox" on site.

We ask you to exit the parking area as soon as you can as the Social Riding starts at 0900 & we will be expected to clear the track & infield beforehand.

If You Wish to Take Part in the Social Riding After the Event, Pre-Register at:

<https://ticketing.goodwood.com/PagesPublic/ProductBrowse/ProductTravel.aspx?ProductSubType=GWCC>

This is a great opportunity to ride with your family, if you are not planning on taking part in this please return to your car & depart ASAP so that the car park can be used for those arriving for the general track session.

We Must Respect Current Social Distancing Regulations.

& Lastly, Enjoy your morning

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN
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